



ANNUAL EDUCATION JANUARY 23, 2023

PEIGNA – Annual Education Day

**Note: Storm Date Change - March 17 -
Substitutions/New registrations Welcome**

Join us for a day of learning and networking with your peers. Location:

Rodd’s Charlottetown, 75 Kent Street, Charlottetown.

Registration from 8-8:30

Nutrition and Networking Break 1000-1030

Nutrition and Networking Break 1200-1300

Name:	
Email:	
Workplace:	
Phone:	
Food Sensitivities	
Cost	Select Membership
E-Transfer funds to tres.peigna@gmail.com	
(Include your name in the comments)	

Submit

Agenda

0830-1000

Palliative Care

Blanche Ward
Sharon Ruckley

1030-1200

Medical Assistance in Dying

Dr. Michelle Murray

1300-1430

Advanced Care Planning and Goals of Care

Megan Smallwood, NP

1430-1530

Nurse Burnout

JD Gilmour

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SPEAKERS

Blanch Ward

Blanche Ward brings 30 years of direct front-line social work practice in her work. She obtained a Bachelor of Arts in Psychology from the University of Prince Edward Island, Bachelor of Social Work Degree from the University of Windsor, Ontario, and a Master of Social Work Degree from Memorial University, NFLD. Blanche has been with the Provincial Palliative Care Program since 2008 and has worked with individuals, families and groups who are living with a life limiting illness. Blanche is very passionate about Palliative Care and feels very blessed to be able to walk with individuals and families on their journeys.

Sharon Ruckley

Sharon has been nursing for over 30years. She began her nursing career in 1990, in Scotland, where early in career she became passionate about ensuring the delivery of high-quality palliative care. Believing firmly in the importance of continued learning to gain knowledge within the specialist field of palliative care, Sharon was successful in gaining her Bachelor of Science in Palliative Care from the University of Paisley in Scotland. In Scotland, she gained valuable experience, delivering palliative care in both acute care and palliative care in- patients' units.

Sharon, her husband and daughter moved to PEI, Canada in 2008. She worked as an RN on Unit 1, QEH until 2015 when she was successful in gaining the position of PEI Provincial Palliative Care Nurse. Sharon continued her learning and in 2018, was successful in gaining a Master of Science in Advanced Nursing Practice in Palliative Care from the University of the West of Scotland, whilst continuing to fulfill her clinical role as Provincial Palliative Care Nurse on PEI.

Sharon feels honored and privileged every day, to be able to practice and advocate for the delivery of high-quality palliative care to all islanders and their loved ones.

Dr. Michelle Murray MD CCFP (EM) FCFP (she/her)

Dr. Murray is a graduate from Dalhousie University and University of Toronto. She is a fellow of the College of Family Physicians of Canada and has completed a fellowship in Emergency Medicine. She is currently an Assistant Professor in the Department of Family Medicine at Dalhousie University.

Her key areas of interest involve the impacts of social determinants of health and vulnerable populations of patients. She is the Medical Advisor/Lead for Sexual Health, Options and Reproductive Services (SHORS) program in PEI, where she has clinics in Charlottetown at the Mount and Prince County Hospital. She is a member of the PEI Women and Gender Diverse Health Council. She is also a member of MAiD Clinical Advisory Committee in PEI in addition to the Dying with Dignity Clinical Advisory Committee.

Megan Smallwood, NP

Megan graduated from UPEI with a SCcN in 2022 and went on to complete her Masters in Oncology and Palliative Care Nursing in 2005 at the University of Manitoba. She completed her diploma in Adult Nurse Practitioner (NP) Stream at the University of Toronto in 2014. She has worked in both acute

and community placements during her career. Her first role as NP was at Beach Grove Home and Sherwood Home in Long Term Care from 2015 – 2016. She currently works in the Provincial Geriatric Program and the Coach Program since 2016.

JD Gilmour

JD Gilmour works for Occupational Health and Safety for Health PEI, where he focuses on employee wellness, return to work, retention and disability prevention. His interests include compassion fatigue, secondary trauma, and burnout using a non-clinical approach. He received his training from Francoise Mathieu of TEND Academy, an international leader in the field of Compassion Fatigue. He believes and his training supports that health care workers should not have to choose between the career they love and their own wellness.